

## REDUCED RISK

The LPSP program provides increased confidentiality to Airmen who may be at risk for suicide following verbal or written notification that they are under investigation for possible UCMJ violations.

Airman can either self refer/seek mental health care or be referred by their commander or the ADC.

### What does limited confidentiality mean?

It means that while enrolled in the program what you say to your provider cannot be used against you in court proceedings unless you bring it up. For a complete understanding of confidentiality speak with your mental health provider and the ADC.

We encourage you to work with the ADC or any defense counsel you have retained as well as your mental health provider to fully understand your rights, as well as, the benefits and limitations of the LPSP.

## RESOURCES

### **Airman & Family Readiness Center:**

Supports individuals, families, and leadership to strengthen communities, encourage self-sufficiency, enhance mission readiness and ease adaptation to the Air Force way of life.  
(Comm) (DSN)

**Area Defense Counsel (ADC):** Provides personal assistance and guidance for legal concerns. Can provide realistic information about the nature of the legal issues faced and possible options of redress.  
(Comm) (DSN)

**Chaplain:** Offers full confidentiality in spiritual/religious counseling.  
(Comm) (DSN)

**Family Advocacy Program:** Supports a stronger Air Force by preventing child and spouse maltreatment. Offers training and education.  
(Comm) (DSN)

**Mental Health Clinic (MHC):** Provides therapy and medication management in the treatment of life stressors and psychiatric concerns.  
(Comm) (DSN)

**Airman's Guide To Assisting Personnel In Distress:** Resource for Airmen who encounter peers in distress  
<http://www.afms.af.mil/airmansguide/>

**Military One Source:** Resource for military members and families across a range of common challenges including suicide, depression and head injury  
[www.militaryonesource.mil/](http://www.militaryonesource.mil/)

\*\*\* Important Resources: Family, friends, unit and religious and social organizations.

# AIRMAN'S GUIDE TO THE LIMITED PRIVILEGE SUICIDE PREVENTION (LPSP) PROGRAM





## LEGAL PROBLEMS MAY BE A RISK FOR SUICIDE

It is stressful to be informed that you are under investigation for a possible UCMJ violation. The consequences can be severe: damage to or loss of career, loss of freedom, personal shame or guilt.

Under these conditions you may be at increased risk to your personal safety and can benefit from mental health care. Often, Airmen in this situation are concerned that what they say will be used against them.

## LIMITED PRIVILEGE SUICIDE PREVENTION PROGRAM (LPSP)

### What is the LPSP program?

The LPSP program is for Airmen who have been informed (verbally or in writing) that they are under investigations for possible UCMJ violations.

If an Airman is at risk for suicide, he/she may self refer or be referred to the program by any individual officially involved in the processing of the disciplinary action.

A mental health provider will determine if the Airman is at risk. If the mental health provider determines the member poses a risk of suicide he/she will: initiate treatment, explain the LPSP program, place the member in the program and document enrollment in the mental health notes.

The protection ends once the mental health provider determines the member no longer poses a risk of suicide.

The LPSP protects what the Airman says in treatment with the mental health provider.

## LPSP (CONT.)

These statements cannot be used in a current or future trial or to characterize discharge status.

Exceptions to this protection:

- Confidential information may be used at trial if the Airman or his/her defense counsel introduces their mental health history.
- Confidential information may be provided to other appropriate providers, such as VA or the mental health provider at a detention center, as necessary for treatment.
- Medical evidence obtained prior to entry in the program
- Evidence derived independent of the LPSP program

Consult with your defense counsel and mental health provider to answer specific questions about the LPSP.